



Monarch School Project Nutrition Instructor

Monarch School Overview

Monarch School Project nurtures resilience in unhoused youth and their families. We empower students to influence their own growth in the areas of academic success and social emotional learning and we reinforce the existing strength of families so that students can thrive in school and in life. Monarch School is a K-12 public school providing more than 300 students daily with a WASC-accredited education, mental health support, social engagement opportunities, college and career preparation as well as basic necessities. Monarch School is a public-private partnership between the San Diego County Office of Education and the nonprofit, Monarch School Project (MSP), a 501(3) corporation. For more information, please visit www.monarchschoools.org.

Position Summary

The Health & Wellness Nutrition Instructor is responsible for providing K-12 students and families culinary and nutrition-based lessons during and after school. This role will ensure a safe and supportive environment and offer educational information and activities that address nutritional, physical, and social-emotional well-being through healthy choices and behaviors. The nutrition lab instructor collaborates with teachers, MSP program instructors, and community partners for enrichment, elective, and project-based learning opportunities.

Reporting Relationship

The Nutrition Instructor reports directly to the Health and Wellness Manager. However, the incumbent must be able to communicate with other team members.

Supervisory Responsibilities

The incumbent in this position will not have any supervisory responsibilities.

Position Responsibilities and General Responsibilities

The individual will perform the following duties and responsibilities along with other duties that may be assigned:

Position Responsibilities:

- Plan and teach weekly nutrition education in the school's kitchen for K-12 students during the school day and after school
 - Must demonstrate ability to scaffold instruction for varied learners (i.e. English language learners; students dealing with active trauma)
 - Integrate social emotional learning into lessons
 - Build and maintain meaningful relationships with students and create safe spaces for learning
- Work collaboratively with multiple stakeholders on campus across SDCOE and MSP departments

- Regular meeting with classroom teachers in order to connect classroom themes and project-based learning curriculums
- Maintain regular communication and follow-up with classroom teachers regarding behavior, incidents, and/or student progress
- Demonstrate classroom management in multiple environments (indoor, outdoor) with student safety as top priority
- Maintain the kitchen space through sanitization, proper storage, inventory supplies and abiding food handling standards.
- Collaborate with the garden instructor including being familiar with the activities and lessons in the garden to create a connection to the kitchen
- Collaborate with team members to develop a comprehensive K-12 Health & Wellness & Engagement programs
- Provide student supervision and support campus safety
- Supporting the health and wellness team to develop a sense of community among the students and families through team dinners, athletic banquets/senior nights, and providing nutritious snacks for student athletes
- Serve as the point of contact and support to kitchen volunteer
- Assist in developing partnerships with community partners to expand opportunities for students
- Coordinate the monthly farmers' market to provide fresh produce to the families we serve
- Purchase supplies from the garden and nutrition budget, in partnership with the garden instructor
- Attend all meetings as a part of the student engagement team
- Exemplifies professionalism when working with students, families, and colleagues
- Exemplify Monarch's Core Values of Community, Relationships, Strength and Healing
- Serve as a role model to students by setting the highest standards of professional and personal conduct, honesty, integrity and ethical behavior and ensuring that "Students Come First" at all times
- Protect students' rights, safety, health, privacy, welfare and best interests at all times
- Know available resources at Monarch and refer students to appropriate staff for additional support
- Participate in professional development
- May be required to occasionally drive school-approved transportation
- Perform other duties and projects as assigned

General Responsibilities

- Exemplify Monarch's Core Values of Community, Relationships, Strength and Healing
- Serve as a role model to students by setting the highest standards of professional and personal conduct, honesty, integrity and ethical behavior and ensuring that "Students Come First" at all times
- Protect students' rights, safety, health, privacy, welfare and best interests at all times
- Know available resources at Monarch and refer students to appropriate staff for additional support
- Participate in professional development
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Education and Experience

- Bachelor's degree in Nutritional Science, Health, Fitness, Education or related degree from an accredited college or university required
- Three years of experience working with K-12 youth preferred
- A valid California Driver's License and proof of current car insurance is required.

Preferred Skills

- One year experience with program target population (Example: students impacted by homelessness, seriously emotionally disturbed).
- One year experience with program modality (example: school-based, community-based, community treatment, wraparound, etc.)
- Demonstrated ability to assess, triage and organize work.
- Applies a strength-based, restorative, culturally responsive, trauma-informed approach to supervision, participant and community service.
- Fluency in prevailing language(s) of the community. Spanish Bi-Lingual is highly preferred.

Certificates and Licenses

A valid California driver's license is required.

COVID-19

Monarch School Project employees must be fully vaccinated against COVID-19 and provide proof thereof, or receive an HR-approved medical or religious exemption. You are required to comply with the vaccination documentation requirements as soon as practicable and as a condition of employment. If you wish to be considered for a medical or religious exemption, you are expected to request an exemption in writing by emailing HR@monarchschoools.org as soon as possible.

Work Environment

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee is occasionally exposed to outdoor weather conditions. The noise level in the work environment is usually moderate.

Equal Opportunity Employment:

Monarch School Project is committed to non-discriminatory hiring practices that are focused on equity and inclusion and that balance experience and education as qualifications. MSP provides equal employment opportunities to all employees and applicants for employment and prohibits discrimination and harassment of any type without regard to race, color, religion, sex, sexual orientation, gender identity or expression, pregnancy, age, genetics, national origin, protected veteran status, disability status, or any other characteristic protected by federal, state or local laws.

This policy applies to all terms and conditions of employment, including recruiting, hiring, placement, promotion, termination, layoff, recall, transfer, leaves of absence, compensation and training.

Job Status and Compensation

This is a full-time, permanent, and hourly position, with pay starting at \$22.00 to \$24.00 per hour

Benefits include PTO starting at three weeks per year, eight paid holidays, five weeks of paid school breaks per year, Medical, Dental, Vision, and Life insurances funded by Monarch, FSA with employer contribution, 401(k) with 100% match of up to 6% of salary, Employee Assistance Program (EAP), parking and transportation reimbursement, and a \$2400 per year Education Supplement Benefit that can be used for tuition reimbursement, student loan reimbursement or 529 College Savings Plans.

Application Process

Interested candidates should email a resume, cover letter, and one letter of recommendation to HR@monarchschoools.org with “**Nutrition Instructor**” in the subject line. This position will remain open until filled.