



Monarch Schools Project Nutrition Lab Instructor (Temporary, Part-Time Position)

Monarch School:

The mission of Monarch School is to offer exceptional educational opportunities to youth experiencing homelessness. We aim to be the model for how best to support students to thrive in school and in life. We do this by fostering student growth along four pillars: academic, emotional, social, and life skills. Monarch School is a K-12 public school providing more than 300 students daily with a WASC-accredited education, mental health support, social engagement opportunities, college and career preparation as well as basic necessities. Monarch School is a public-private partnership between the San Diego County Office of Education and the nonprofit, Monarch Schools Project (MSP), a 501(3) corporation.

Position Summary:

The Nutrition Lab Instructor (Temporary) is responsible for teaching lifelong benefits of health and wellness through trauma informed strength-based approaches. This includes collaborating in the planning, organizing, and scheduling all aspects of the Garden and Nutrition Program with the Garden Program Instructor. The Instructor is responsible for providing high quality, trauma-informed instructional services to a diverse population of youth, young adults, and families. The Instructor will collaborate with other team members, families, and school personnel to provide structured activities within the school community. This role will ensure a safe and supportive environment and offer educational information and activities that address nutritional, physical, and social-emotional well-being through healthy choices and behaviors.

Reporting Relationship:

The Nutrition Lab Instructor (Temporary) reports to the Manager of Health and Wellness. However, this position works closely with all members of the Monarch School team to ensure that all of elements of this position effectively and efficiently serve the needs of the student body and school staff.

Supervisory Responsibilities:

None

ESSENTIAL DUTIES AND RESPONSIBILITIES

The individual will perform the following duties and responsibilities along with other duties that may be assigned:

Nutrition Lab Instruction

- Build and maintain meaningful relationships with students and create safe spaces for learning.
- Integrate social-emotional competencies to teach and model self-awareness, self-management, social awareness, relationship skills and responsible decision making to students.

- Provide positive preventative behavioral supports to students.
- Collaborate with the Garden Instructor to create daily schedules and offerings, and other team members to develop a comprehensive K-12 Health & Wellness & Engagement program
- Teach cooking classes to Monarch K-12 students and Monarch families.
- In collaboration with contributing team members, ensure the development and implementation of after school program activities including, teaching and coordinating after school opportunities.
- Align instruction will emphasizing an inclusive approach that is strength-based, trauma-informed, and restorative practices.
- Actively supervise program participants, ensuring their guidance and safety at all times.
- Assist in the planning, management, and implementation of age-appropriate program activities that engage students in active and meaningful experiences.
- Promote students' effective coping strategies and foster resiliency and ensure that programming is student centered.
- Communicate in a positive and professional manner with all participants, families, school and district personnel, and community partners.
- Acts as a resource to students and team members within the professional scope of practice and scope of competence.
- Perform daily duties that ensure space is properly maintained, organized, clean, and safe.
- Collaborate with participants, families, school and district personnel, and community partners to find effective interventions, celebrate progress, and prioritizes students and their individual needs.
- Collaborate with Department of Athletics in joint nutrition ventures
- Assist Department of Athletics with MS/HS functions in support roles as schedule permits; hours not to exceed daily work day

Documentation/Administrative Duties

- Maintain participant records in an orderly and timely manner, particularly volunteer hours and clearances.
- Participate in internal and community-based quality assurance as assigned.
- Update nutrition lab inventories and orders with community partners (i.e. Specialty Produce)

Professional Development

- Participate in weekly individual and team meetings as assigned.
- Participate in trainings and provide training as assigned.

Compliance

- Maintain excellent professional boundaries and adheres to all professional ethical standards including abuse reporting, and maintenance of participant confidentiality.
- Adhere to all agency and program policies including Boundary Code of Ethics, Core Competencies, Code of Conduct, Employee Handbook and state and federal regulations.

Internal Communications

Exemplify Monarch's Core Values of Community, Relationships, Strength and Healing

- Serve as a role model to students by setting the highest standards of professional and personal conduct, honesty, integrity and ethical behavior and ensuring that "Students Come First" at all times
- Protect students' rights, safety, health, privacy, welfare and best interests at all times
- Know available resources at Monarch and refer students to appropriate staff for additional support

Education/Experience:

- B.A. Degree in Nutritional Science, Health, Fitness, Education or related degree from an accredited college or university.
- Demonstrated understanding of the developmental milestones of children, youth, or young adults to provide to provide care, treatment and services.
- Experience with or knowledge of designing, supervising, monitoring, changing, and discontinuing individualized behavioral interventions for staff delivering behavioral services (e.g., TBS).
- Demonstrated cultural responsiveness in working with diverse families and communities.
- CPR and First Aid certification required within 30 days of hire, unless specified otherwise on contract, and must be from one of the following certifying organization: American Red Cross or American Heart Association.
- Food Handler's Card

Preferred Skills:

- One year experience with program target population (Example: students impacted by homelessness, seriously emotionally disturbed).
- One year experience with program modality (example: school-based, community-based, community treatment, wraparound, etc.)
- Demonstrated ability to assess, triage and organize work.
- Applies a strength-based, restorative, culturally responsive, trauma-informed approach to supervision, participant and community service.
- Fluency in prevailing language(s) of the community. Spanish Bi-Lingual is highly preferred.

Certificates and Licenses:

A valid California driver's license is required.

COVID-19

Monarch School Project employees must be fully vaccinated against COVID-19 and provide proof thereof, or receive an HR-approved medical or religious exemption. You are required to comply with the vaccination documentation requirements as soon as practicable and as a condition of employment.

Work Environment

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee is occasionally exposed to outdoor weather conditions. The noise level in the work environment is usually moderate.

Equal Opportunity Employment:

Monarch School Project is committed to non-discriminatory hiring practices that are focused on equity and inclusion and that balance experience and education as qualifications. MSP provides equal employment opportunities to all employees and applicants for employment and prohibits discrimination and harassment of any type without regard to race, color, religion, sex, sexual orientation, gender identity or expression, pregnancy, age, genetics, national origin, protected veteran status, disability status, or any other characteristic protected by federal, state or local laws.

This policy applies to all terms and conditions of employment, including recruiting, hiring, placement, promotion, termination, layoff, recall, transfer, leaves of absence, compensation and training.

Job Status and Compensation

This is a part-time, temporary, hourly position with pay starting at \$24 per hour for 20-25 hours per week. This temporary assignment will run from August 2022 through June 2023.

Application Process

Interested candidates should email a resume, cover letter, and one letter of recommendation to HR@monarchschoools.org with “**Nutrition Lab Instructor**” in the subject line. This position will remain open until filled.